



Dr. Sirkku M. Sky Hiltunen (Dr. Sky)
Master Teacher of NohKiDo™ and
Therapeutic Noh Theater®

Dr. Sky has been developing, designing and implementing Creative Arts Therapy methods synthesizing Transpersonal Psychology, Creativity, and Action Meditation regarding all arts modalities since her first exposure to the classic Noh Theater, in 1966 in Finland. After seeing authentic Noh Theater in Japan in 1972, she began to develop NohKiDo™ and Therapeutic Noh Theater®.



Dr. Sky's Publication in Professional Journals

Hiltunen, S. M. S. (2007). Forbidden Tears: From ancient Finnish lamenting to contemporary transpersonal grief work. *Journal of Poetry Therapy*, 20, 61-94.

Hiltunen, S. M. S. (2007). *Haibun: Travel Diary*. www.ilmatarinstitute.com.

Hiltunen, S. M. S. (2006). Meditative Vail Painting – a Finnish Creative Arts Therapist's Transpersonal Journey. *Art Therapy: Journal of the American Art Therapy Association*, 23, 73-80.

Hiltunen, S. M. S. (2006). Featured as an artist and poet in Thayer Cox, C. & Osna Heller, P. (Eds). *Portrait of the artist as a poet*. Chicago: Magnolia Street Publishers, 73-76.

Hiltunen, S. M. S. (2005). Transpersonal Functions of Masks in NohKiDo™. *The International Journal of Transpersonal Studies*. 23, 50-64.

Hiltunen, S.M. S. (2005). Ghost Ranch – A fierce spiritual landscape and a fierce spiritual experience. *Journal of Poetry Therapy*. 18, 207-220.

Hiltunen, S. M. S. (2003). Haiku meditation therapy. *Japanese Bulletin of Arts Therapy*. 34, 1, 52-69.

Hiltunen, S. M. S. (2003). Bereavement, lamenting and the Prism of Consciousness: some practical considerations. *The Arts in Psychotherapy*, 30, 217-228.

Hiltunen, S. S. (1997). My mother got tears in her eyes: Poetry as self-creation by adults with mental retardation. *Journal of Poetry Therapy*, 10, 215-235.

Hiltunen, S. S. (1990). The effects of art/drama therapy experiences on rigidity, body concept and mental maturity in graphic thinking of adolescents with mental retardation. *Japanese Bulletin of Arts Therapy*, 21, 165-175.

Hiltunen, S. S. (1988). Initial therapeutic applications of Noh Theater in drama therapy. *The Journal of Transpersonal Psychology*, 20, 71-79.

The Art and Drama Therapy Institute, Inc.

327 S Street NE

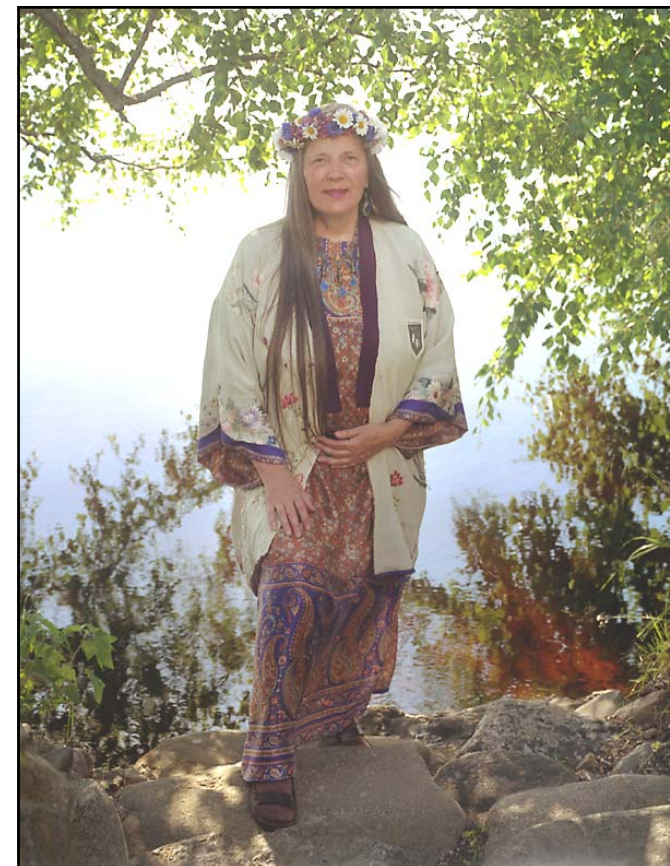
Washington, DC. 20002

Phone: 202-635-1576 Fax: 202-832-2474

www.adtinet.com



Creative Arts and Creative Arts Therapy
Waiver Services



Sirkku M. Sky Hiltunen (Dr. Sky)

Ph.D., Ed.D., RDT-BCT, ATR-BC, MT,
BCPC, LPC

The Art and Drama Therapy Institute, Inc. (ADTI) is offering a Professional Waiver Program specializing in Creative Arts and the Creative Arts Therapies. ADTI's Executive Arts Director, Dr. Sirkku M. Sky Hiltunen (Dr. Sky) is the founder, supervisor, trainer and the Master Teacher of *NohKiDo™* and *Therapeutic Noh Theater®*. The term "Individuals with Intellectual Disabilities" will be henceforth replaced by the term "Individuals with Differing Abilities," because the latter is positive emphasizing abilities rather than disabilities.



ADTI is offering a comprehensive Creative Arts and the Creative Arts Therapy Services for Adults with Differing Abilities. The services are divided in two sections: I) Creative Arts Therapy Services and II) Creative Arts Services in Prevocational and Supportive Employment. The Creative Arts Therapy Services are as follows: Art Therapy, Music Therapy, Dance/Movement Therapy and Drama Therapy. All of the previous Creative Arts Therapy Services are divided into three Phases: 1) Educational Phase, 2) Developmental Phase and 3) Therapeutic Phase.

Dr. Sky is not only a certified Art and Drama Therapist, Master Teacher of *NohKiDo™* and *Therapeutic Noh Theater®*, but also qualified to supervise all creative arts therapies (art, drama, dance and music) at the Art and Drama Therapy Institute, Inc. (ADTI).

Dr. Sky has thirty five (35) years of experience in the field of Individuals with Differing Abilities and the Creative Arts & Creative Arts Therapies as a Supervisor, Administrator, Art and Drama Therapist and Trainer/Teacher. Her current transpersonal services of *NohKiDo™* and *Therapeutic Noh Theater®* draw their inspirations from many ancient wisdom traditions internationally. However, more importantly, they offer comprehensive creative arts, and creative arts therapy services, in which Visual Arts (drawing/painting/collages, meditation, masks, mask making, sculpture, costume design), and Drama/Theater (acting, dancing, mime, martial arts, improvisation, dramaturge, choreography, music, chanting, composition, poetry/playwright, dance/movement, meditation) can be called forth as needed.

She is a playwright of ten (10) NeoNoh and other plays and has internationally published eighteen (18) articles in professional journals regarding the Creative Arts Therapies. She has earned a Black Belt in Tai Chi, *Sifu* (Grand Master) Chao Chi Liu, Wah Shing Kung Fu Tai Chi School, Washington, DC. She has had Private studies with Noh Masters from Kongo, Komparu and Kita Schools of classic Noh Theater since 1988. Kinue Oshima, Master Teacher from Kita School of Noh from Fukuyama, Japan, is Dr. Sky's current teacher. She has been the director, dramaturge/playwright, choreographer, composer of chanting/invocations, mask/costume designer and actor/dancer/performer in over twenty (20) *Therapeutic Noh Theater®* productions since 1972. She has exhibited internationally as an established artist of meditative vail paintings, woodblock prints, appliques, masks, ceramic sculpture and collages since 1981. She has taught internationally in the field of the Creative Arts Therapies in Canada, Finland, Japan, Switzerland, England, Russia, Lithuania, and the USA. She has been featured in the media throughout Finland, Japan, Canada, England and the USA.

Dr. Sirkku M. Sky Hiltunen

Qualifications in the Field of Creative Arts Therapies as Therapist, Instructor, Supervisor, Trainer, Artist and Administrator

Dr. Sky's specialization in the field of the Creative Arts and Creative Arts Therapies with Individuals with Differing Abilities spans over 35 years starting in 1972 in Germany and Finland and since 1977 in the USA.

- Ph.D.** 1998, in Transpersonal Psychology and the Creative Arts Therapies with Individuals with Differing Abilities, The Union Institute and University.
- Ed.D.** 1983, in Education and Curriculum Design for Individuals with Differing Abilities and the Creative Arts Education/Therapy, The Catholic University of America
- BCPC** 2007, Board Certified Professional Counselor, American Psychotherapy Association
- ATR** 1988, Registered Art Therapist, American Art Therapy Association (AATA)
- BC** 2006, Board Certification, Art Therapy Credentialing Board
- RDT** 1985, Registered Drama Therapist, National Association for Drama Therapy (NADT)
- MT** 1997, Master Teacher of *NohKiDo™* and *Therapeutic Noh Theater®*, NADT
- BCT** 2002, Board Certified Trainer in Drama Therapy, NADT
- LPC** 1995, Licensed Professional Counselor in Washington, DC.